

Leeuwarden International Student Map 2017 Info leaflet Page 1

Welcome in Leeuwarden. A city with an old historic city centre with canals, bridges and houses from the 17th century (the Dutch golden age). It won't be long before you fall in love with this cute little town. It's the birthplace of graphic artist M.C. Escher and exotic dancer / alleged double spy Mata Hari! Together with 96.000 other people you can now call this your (temporary) home! It's big enough to call itself a city, but it feels like a village. And that's not a bad thing in our opinion. It's easy to get to know people and get things done. Everything here is at a walking distance and we've never heard of the word over-crowded. Still, there is enough happening in this city and there is always something to do!

Street Art

When it comes to Street Art, Leeuwarden may not be as renowned as Berlin or London, but it does have a couple of interesting spots. Most of them are outside the city centre. But inside you can make a selfie with the **coat of arms of Leeuwarden** (6). At the Heer Ivostraatje you can find a mural of **Maria Louise von Hessen Kassel** (7). Do check her family tree! **The Frisian Horse** (8) is not really street art, but this iconic statue is a good meeting point and it is good fun trying to climb it whilst drunk - I dare you! In the Oude Lombardsteeg you can see a skeleton of a **whale** (9). It gets even better when it's dark. On your way to the Saint Boniface Church you will spot a mural of Japanese Ronin **Miyamoto Musashi** (10). Join our Street Art Tours to discover more about the local street art!

Leeuwarden Free Tours

A walking tour through Leeuwarden is the best way to discover the city and our local guides love to share its beauty and stories. Every Saturday at 12:00 (noon) we offer two walking tours, one in **English** and one in Dutch. On Fridays we have a Dutch walking tour, and throughout the summer we offer a German tour on Sundays. From time to time we also offer themed tours like a Street Art Tour, a Beer Tour or our new Mata Hari Tour. Check our website to see when we offer these and in which language. It is also possible to book an English tour throughout the year on any preferred day by contacting us via our website: www.aguidetoleeuwarden.nl

Coffee, Tea & Lunch

What's better than to meet-up for a coffee or tea in the city? Head to **Broodje Bewust** (1) for a fair and mindful breakfast. It's also highly recommended for Germans longing for 'German bread' (you can also buy whole loaves of bread here). At the Blokhuispoort you can get lunch at **Proefverlof** (2), they've got a beautiful terrace along the water. Visit Fruitbar Sis (3) for delicious fresh Smoothies. **Laura & De Chef** (4) has the most beautiful interior and a relaxed atmosphere. **Douwe Egberts Café** (5) has excellent views of passing people and delicious coffee! The **Neushoorn Café** (49) is also recommended if you like to be surrounded by creative students and vintage furniture. If you are asked for your ID while ordering your coffee, you probably find yourself in a coffeeshop. This is a place where you can also order a coffee, but people normally tend to go here to buy soft drugs and smoke weed.

Drink a Beer

After a hard day of studying, nothing beats a cold beer in the city! At the **Nieuwestad** (36) you can find many pubs who have one big terrace along the canal. Perfect for a summer's day! If you are looking for craft beer, head to Café de Markies (37), they have more than 250 beers on their menu! Do try their own beer called Grutte Pier. At Café de Stee (38) you should try Oldehovebeer (ask for a Skeve). The Irish pub Paddy O'Ryan (39) has several beers on draught and good food! And don't forget to visit Café de Strohoed (40). You should also pay a visit to the (in)famous pubs of Leeuwarden like **De** Ossekop, Het Lampie, Het Hoekje, The Rooster or Het **Lieverdie.** It's where you will meet the real local Leeuwarders. It makes for a fun pub crawl as well! If you plan to mingle in with the Dutch students, it's probably a good way to join a student society. The student societies Wolwêze (61), Sempiternus (62), Osiris (63), Navigators (64), Dionysus (65) & lo Vivat (66) will all welcome you to drink a beer with them!

Local Food

For your booze you gotta head to **Drankenspeciaalzaak Jelle** (18). They sell over 500 different craft beers! Among them you will find the local *Skeef, Redbad, Cambier and Grutte Pier*! **Priuw** (19) sells all the Frisian food you need to taste, like *Sûkerbôlle* (sugarbread). At **De Zuivelhoeve** (20) they sell the finest Dutch cheese and at **Banketbakkerij Salverda** (21) they sell Frisian treats like *Dúmkes* and *Oranjekoek*. When you're done shopping, treat yourself on the best icecream in town at **La Venezia** (22). If the queue is too long you can also treat yourself to some fish. Dutch people love raw herring. They cover it with onions and eat it 'from the tail'. If that's a bit too brutal for you, you should try *Lekkerbek* or *Kibbeling*! There are multiple fish stalls in the city and there is also always one on the market on Friday.

More Information?

We know you want more information than this. So we made a second page full of tips! You can download the second page on our website: www.aguidetoleeuwarden.nl/map

Be Cultural

The local theatre is called **De Harmonie**. If you want to watch a film head to **Slieker Film** (46) for an art-house film. If you'd rather watch big blockbuster films, check **Tivoli** (47) or **Cinema** (47). Films in the Netherlands are always shown in their original language with Dutch subtitles. The **Blokhuispoort** (31) is a former prison that's turned into the cultural heart of Leeuwarden. It's the home base of Cultural Capital 2018, a few shops, **Alibi Hostel** and in the future the library! Learn about the Frisian culture at the **Fries Museum** (32). The library **Tresoar** (33) (Frisian for treasure) offers an excellent place to study! Next door you can climb the **Oldehove** (A), our leaning tower! It's open every day between 13:00-17:00 from April-October. At the **Boomsma Beerenburger Museum** (35) you can taste some of the local bitter Beerenburger and learn about its history.

Entertainment & Party!

Neushoorn (48) is the music temple of Leeuwarden and has concerts throughout the week. Alternative Rockcafé Mukkes (49) has Jam sessions every Wednesday. On Thursday it's time for karaoke in Café Scooter's (50) and every Friday there are concerts in Podium Asteriks (51), with 3 bands for only five euro! If you just want to play some pool, darts or watch live sports, head to the international Poolcafé Freezone (52).

A lot of International students live at **Kanaalstraat** (53), home to many notorious parties! They meet up every Monday night at **Shooters** (54) International Night. Or they enjoy a cocktail next doors at **Mango** (special student rates). If you're looking for a Jazz/ Funk/Soul/Afro/Hiphop/Bossanova kinda night, head to the basement of **Vinny & Jo Club** (55)! If you want to go clubbing, head to **Club Hemingway** (56). Another option is **Club Red** (57), where they have student night on Thursdays. More into techno, visit **21Leeuwarden** (58) or find out where **Influenza*** organises it's next rave. For psychedelic and goa parties check **3rd Bit Events**. If you don't really mind the music anymore and just want to party you probably end up in the **Oude Doelesteeg** (59) a.k.a. Pub Street. If you've hit rock bottom, we've also got a **red light district** (60).

Late night snacks

After a long night of partying you probably long for a late night snack before you hit your bed. There is a big chance you'll end up at **FEBO** at the Ruiterskwartier. Here you can get your food 'uit de muur' (out of the wall). You throw some money in the wall and then you can open a window to grab your Frikandel or Kroket. It's delicious at 5AM, but never ask what it's made off! Around the corner in the Doelesteeg you can find **Du Nord**. Here you can order the local 'Broodje Pollo'. This is an Italian bread roll with chicken and loads of sauce. There are also various options to get kebabs. The Dutch variation on this is called Kapsalon. This is kebab, with french fries and loads of Cheese on top! The best version is available at **Mouni** at the Peperstraat but they already close at 23:00. **Are you Hungy?** in the Grote Hoogstraat is open till late and they also serve homemade burgers.

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The best way to understand your new hometown is to talk to the locals. If you want to greet them just nod your head and say 'a goeie' (ah-goei-juh). That's the Leeuwarden way of greeting in the local dialect liwwadders, a mixture between Frisian and Dutch.

In the area around Leeuwarden people speak Frisian. This is a language that is closer to old English than to Dutch. If you want to know more about this language visit Afûk. You better practice the following sentence: Bûter, brea en griene tsiis, wa't dat net sizze kin is gjin oprjochte Fries. In earlier times your head was choped off by Grutte Pier, if you were unable to pronounce this centence correctly! People in Leeuwarden, or in the north of the Netherlands in general, are really down to earth and they don't like to boast. If you tell them how beautiful Leeuwarden is, they will probably reply by saying'it kin minder' or'it kin nog wol wut wurde' meaning as much as 'it could have been worse' and 'maybe it can become something'. That's the local way of being positive. On a hot day they will tell you 'it's not cold today'.



Explore the Surroundings

Leeuwarden is not that big, so it might be nice to explore the surroundings of the city in the weekends. When the weather is nice, head to the recreation area called **Groene Ster**. This is on the outskirts of Leeuwarden and you can swim here! You should visit the **Eise Eisinga Planetarium** in Franeker (only a 20 minute train ride). Eisinga was a laborer who built an accurate moving model of the solar system in his living room between 1774 - 1781 and it's still working! You should also explore the surroundings by bike! 'De 8 van Grou' bike trip involves 8 ferries! Do visit the islands in the north and spend some time on the beach! During low tide it is also possible to walk to the islands with a guide. This is called 'Wadlopen' and is a really unique experience. Head to Earnewoude and rent a kayak or boat to explore National Park De Alde Feanen from the water. This low lying peatland is magnificent. We don't have mountains here, but we do have terpen, these man made mounds protected the early inhabitants against the water. In **Hegebeintum** you can find the highest one, almost 9 metre above sea level.

Groceries

Jumbo (11), Albert Heijn (12) and Poiesz (13) are local supermarkets. Aldi and Lidl are budget supermarkets that you can find outside the city centre. If you want to go green and organic try Ekoplaza (14). Toko Saigon (15) and Toko An Phuc (16) take care of all your Asian desires. Every Friday there is a Friday's Market (17) on the Wilhelminaplein a.k.a. Zaailand from 8:00 till 17:00. Every Saturday you can get your groceries from the local farmers market at the Streekboer in the Blokhuispoort (31). You do have to pre-order this online (www.streekboer.nl).

Fun Shopping

In the smaller streets like Nieuwe Oosterstraat, St. Jacobsstraat, Kelders, Vijzelstraat, Naauw and Kleine Kerkstraat you'll find most of the nice shops. At **De Lektuurha**l (23) you can get your foreign newspapers and magazines. For second hand furniture try *Kringloopwinkels* (Dutch for thrift shop) like **Kringloop XL** (24), **Estafette** and **Emmaus**. For decorations bring a visit to the wonderful world of **Panta Rei** (25), the colourful shop of **Ny-Na** (26), the cosy **Kabinett** (27) or the **House of Colour**. If you've got a missing compartment, head to **Auke Rauwerda** (28) and get lost in a maze of 13 buildings. In Leeuwarden, they say that if Auke doesn't have it, it doesn't exist. For music, visit one of the six record shops of Leeuwarden like **Deeptrax Records** (29) or **King Kong Records** (30). **The Saint** is our T-shirts shop and if you need a vintage outfit visit **Liz Boetiek** or **Silvia's Sneupwinkel!**

Festivals

We are the festival capital of Friesland. In the summer we've got Psy-Fi, Welcome to the Village and Into the Grave! Later on during the year you can enjoy the Leip! Intro festival, CityRock, Noordelijk Film Festival, Explore the North, Freeze, Kingsday, Befrijdingsfestival etc. Become a volunteer and you'll get free entrance and you probably meet some nice local people on the way!

Where do I buy a bike?

Leeuwarden is a small city, so you absolutely don't need a car here. If you live in the city centre, you can even do everything by foot. But if you want to go to uni every now and then or live a bit further away from the city, **YOU NEED A BIKE!** Dutch people do everything on their bike, so if you don't want to be left out, you better buy one. You can try your luck at the facebookgroup 'Leeuwarden's first Online Garage Sale'. Or Google 'tweedehands fiets Leeuwarden' (Dutch for 2nd hand bike) and you'll get many results. Try the previously mentioned Kringloopwinkels (thrift shops) like Estafette or check the website www.marktplaats.nl. There are more bikes than people in the Netherlands, so you should be able to find yourself a bike. And don't forget to buy a good lock!

Sport

If you want to do some sports, make sure you get hold of a **Student Sport Card** (studentensportleeuwarden.nl). With this card you can play all kinds of sports and practice fitness without limit for the lowest prices in Leeuwarden!

Enjoy the Water!

Leeuwarden calls itself the *capital of watertechnology* because we have the international water research institute WETSUS. But besides these scientists, everybody here loves water! We like to sail our boats through the canals. If you don have one, you can rent a small electric boat (greenjoy.leeuwarden.nl). When you do so you can also ask us to join your boat tour and we can guide you through the canals. If you don't want to steer yourself, you can also join the **daily boat tours** (*praamvaren*). If you like to be a bit more active you can rent a kajak or SUP from the local city beach and paddle through the canals yourself (sup2thepeople.com). If you really like to learn how to sail a sailing boat, get in touch with Sail Experience (www.sailexperience.frl). During wintertime we like to ice **skate**. The biggest thing that can happen to Friesland is the eleven city ice skating tour. It only happened 15 times in the last 100 years, because we need a lot of ice and a tough winter for this. But you can ice skate indoors at the Elfstedenhal throughout the year. You can rent skates there as well.

Restaurants

Every now and then you should treat yourself to a dinner in town. Because you need to save money for beer, we picked a few cheaper restaurants for you. Basic, plain good food at Unia12 (41) with a three course meal for only €12. Try something different and go for Afghani tapas at the Leeuwarden Lounge (42). 't Pannekoekschip (43) is where you eat pancakes on a boat (typically Dutch). TOTT Leeuwarden (44) serves authentic Indonesian saté (Dutch people love it). If you're craving a pizza head to Pompeï or Sardegna. At the latter one you can order the Carolina reaper pizza. You'll get a free bottle of wine if you are able to finish this spicy pizza! At just a short walk from the city you can find Wannee (45), where you can experience the Dutch Cuisine (at Stenden).

Cambuur

The local football club is called SC Cambuur. They play in the Dutch second division. If you find yourself in between the fans from Cambuur, don't mention SC Heerenveen. There is a big rivalry between them. Cambuur supporters don't even dare to pronounce that name, they just call it DKV, which is short for 'dertig kilometer verderop' (30 km further away). If you really want to integrate, you should visit one of their games and dress in yellow and blue. Don't wear anything Frisian! Cambuur fans call themselves Anti-Frisians.

More Information?

You can join our **Free Walking Tours** to get more insights about Leeuwarden. Our tours start at the Oldehoofsterkerkhof (that's the square in front of the Oldehove). Every Saturday at 12:00 (noon) we offer a Free Walking Tour in English! From time to time we also offer themed tours like a Street Art Tour, Beer Tour or our new Mata Hari tour. Check our website to see when we offer these and in which language. You can also find more information and loads of Maps of Leeuwarden:

www.aguidetoleeuwarden.nl

A GUIDE TO LEEUWARDEN

LEGEND

Kanselarij

NHL / Stenden

W VHL / Wetsus P

B

AVP

RUG

BE CULTURAL

COFFEE, TEA & LUNCH 1 Broodje Bewust

2 Proefverlof

3 Fruitbar Sis

4 Laura & De Chef 5 Douwe Egberts

STREET ART 6 Coat of Arms of LWD

7 Maria Louise

8 Frisian Horse

9 Passage de la Baleine 10 Miyamoto Musashi

FOOD

11 Jumbo Supermarket

12 Albert Heijn Supermarket

13 Poiesz Supermarket

14 EKO Plaza

15 Toko Saigon

16 Toko An Phuc

17 Friday Market

18 Drankenspeciaalzaak Jelle

19 Priuw

20 De Zuivelhoeve 21 Banketbakkerij Salverda

22 La venezia

FUN SHOPS

23 De Lektuurhal

24 Kringloop XL

25 Panta Rei

26 Ny-Na

27 Kabinett

28 Auke Rauwerda

29 Deeptrax Records

30 King Kong Records

STUDENT SOCIETIES

61 Wolwêze

62 Sempiternus

63 Osiris

64 Navigators

65 Dionysus

66 lo Vivat

Start Free Tours A

Cash Machine €

Parking

Free bike shed

Police

31 Blokhuispoort

35 Boomsma Museum

TIME FOR BEER

36 Nieuwestad

37 Speciaalbiercafé de Markies

38 Café de Stee

39 Paddy O'Ryan

40 Café de Strohoed

RESTAURANTS

41 Unia 12

42 Leeuwarden Lounge

43 't Pannekoekschip

44 TOTT Leeuwarden

45 Wannee

ENTERTAINMENT & PARTY

46 Slieker Film

47 Tivoli & Cinema

48 Neushoorn

49 Alternative Rockcafé Mukkes

50 Café Scooter's

51 Podium Asteriks

52 Poolcafé Freezone

53 Kanaalstraat

54 Shooters

55 Vinny & Jo Club

56 Club Hemingway

57 Club Red

58 21Leeuwarden

59 Oude Doelesteeg

60 Red light district

Join our Free Tours: Friese Verhalen Tour (in Dutch) Every Friday 15:00 Leeuwarden Free Tour Every Saturday 12:00 (noon) Street Art & Beer Tour Check our site for information www.aquidetoleeuwarden.nl

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